



Catty Times

Volume 1, Issue 1

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Special points of interest:

- Ozone is bad for cats and the humans they own
- Cats don't lie
- Being new cat on the block stinks!
- No beaks, horns, and hooves for me!!!
- Amazing Aloe Vera Juice and FLV

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Beware of Ozone Generating "Air Purifiers"

What is ozone and how is it used in air purification?

Ozone gas, or O₃, is an oxygen molecule which contains three oxygen atoms instead of the usual two, making it very unstable. Some indoor "air purifiers" or air cleaners emit ozone, a major component of outdoor smog, either intentionally or as a by-product of their design.

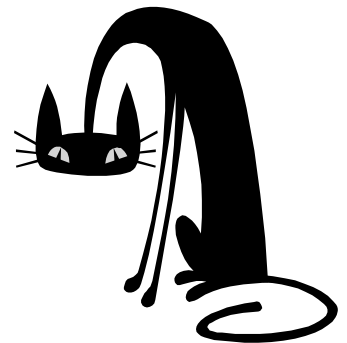
Manufacturers of these machines sometimes inappropriately refer to ozone as "activated oxygen," "super oxygenated" or "energized oxygen," implying that ozone is a healthy kind of oxygen. But ozone is far from healthy.

Because ozone reacts with some other molecules, manufacturers claim

that the ozone produced by these devices can purify the air and remove airborne particles, chemicals, mold, viruses, bacteria, and odors. However, ozone is not effective at cleaning the air except at extremely high, unsafe ozone levels, and then it is only partially effective.

Ionizers and electrostatic precipitators are other types of air cleaners that emit ozone, but do so as a by-product of their design and function. These devices are designed to electrically charge particles and remove them from the air; and ozone is released through the charging process. These devices typically emit less ozone than ozone generators, but can still put out enough ozone to harm both people and

pets.



We stay healthier when we can breathe!

What are the adverse health effects from exposure to ozone?

Ozone can harm the cells in the lungs and respiratory airways. Exposure to ozone irritates and inflames the lining of the respiratory system. It causes symptoms includ-

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Catty Truths

Cats come when you call them—if you call them by the right name. Of course, it takes most of us years to learn what that name is.

Just like dogs, cats will lick your face—if you have tuna gravy smeared all over it.

Cats have only two lives—yours and theirs.

Cats love to play fetch—but their owners easily tire of chasing the ball.

Cats can easily be taught tricks—especially by other cats, like Wake the Human

at 5 AM, Toe Nibbling and Toe Tackling, and Mousie Dunking.

Cats are very creative—they artfully arrange flowers by eating parts that do not fit the overall focus of

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Dear Aunt Catty

Tell Aunt Catty you problems...

Dear Aunt Catty,

I'm new here in this house. Fish Breff and Ugly Butt, my new sisters chase little kitty me all over the place. I end up on the refrigerator, behind the washer, or on the mantle just to get away from them. How can I make them stop?

Sincerely,
Andy Little Kitty Me

Dear ALKM,

If you are the BBKD (Big Bad Kitty Dude) then you should be able to defend yourself by staring them down and hissing. However, if this doesn't work, try tying a string to

Fish Breff's tail and then maybe Ugly Butt will chase her. If not then maybe you can make a real nice kitty bed on top of the refrigerator. It will at least be warm.

AC

Dear Aunt Catty,

My brother is a big dog. I jumped on his back the other day to catch a ride into the other room. He let little kitty me slide off into the floor and go boom. How can I make him let me ride on his back?

Sincerely,
Meddler

Dear Medd,

Have you tried a saddle? Dogs make good rides as long as they keep their tongues in their mouth when they trot. They tend to slobber a lot, so you might want to put on a pair of goggles to keep out the goop.

AC



Meat Byproducts on the Label

When you feed your cat a cat food that has 'byproducts' listed in the ingredient list, you are giving your friend food processing refuse of all sorts, moldy grains, rancid foods, and meat meal.

Meat meal is ground-up slaughterhouse discards often containing disease-ridden tissue and high levels of hormones and pesticides, the very things that may have contributed to the death of the slaughtered animal.

When cattle, swine, chickens, lambs, or other animals meet their ends at a slaughterhouse, the choice cuts -- lean muscle tissue and organs prized by humans -- are trimmed away from the carcass for human consumption. What ever remains of the carcass (bones, blood, pus, intestines,

ligaments, subcutaneous fat, hooves, horns, beaks, and any other parts not normally consumed by humans) is, according to the pet food industry, perfectly fit as a protein source for cat and dog food.

Many of these remnants are indigestible and provide a questionable source of nutrition.

Byproducts contain

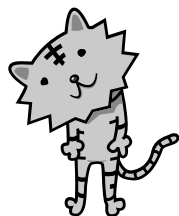
"bones, blood, pus, intestines, ligaments, subcutaneous fat, hooves, horns, beaks..."

Catty Truths, Cont.

(Continued from page 1)

the arrangement, they redecorate Christmas and Hanukah trees, and they make sand castles and sculptures in litter.

Cats are very learned—they take special courses not available to humans such as *Creative Covering* where they learn The Air Paw Cover and The Wall



A cat never lies!

Scratch Cover, and Feline Ballet where they learn Cat Flips, Thunder Feet, and Chasing Miss Daisy.

Cats always tell the truth—as they see it. Never admitting guilt falls under this heading. If they don't say anything when you ask who made the mess, then they do not admit guilt, therefore they do not lie.

Cats are creatures of habit—they like things just the same way they have always been until they don't.

Cats are solid creatures—especially when they insist upon being between you and the computer monitor.

Cats love to help their humans—especially when there is an open cabinet door, when the toilet is being flushed, when there is food on the table, or when there are deadlines.

Aloe Vera's Acemannan

Aloe vera, a plant that grows in subtropical and tropical regions has been used medicinally for hundreds of years to treat burns, cuts, and as skin conditioner.

Acemannan, an aloe extract, is now being used in veterinary medicine. Acemannan is currently being re-researched as a possible therapy for people with HIV/AIDS, cancer, ulcerative colitis, and wound healing.

Like AIDS, feline leukemia virus

(FeLV) is a retrovirus. Forty percent of cats are dead from the disease within four weeks of contracting it, and 70% within eight weeks.



Herbal Answers Herbal Aloe Juice with Essiac Herbs.

The disease is considered the most important severe cause of illness and death in domestic cats.

In a 1991 joint study done between the Animal Medical Hospital, Irving, Texas, and the College of Veterinary Medicine, Texas A&M University,

acemannan was show to be very effective in treating FLV.

The study included 50 cats, all with FeLV. The cats had failed to respond to conventional treatment, and were all severely ill. The cats were injected regularly with a solution containing acemannan, a product derived from aloe vera.

At the end of the 12-week study, there was a 71% survival rate for those cats that completed the study.

What Does Aloe Vera Juice Do?

- Boosts the immune system by increasing the number of immune cells produced
- Research has shown fresh Aloe to contain properties that are anti-viral, anti-inflammatory, anti-parasitic, anti-pruritic (stops itch), anti-fungal, and anti-bacterial
- Aloe is a potent antioxidant, and useful for oxygenating tissues.
- Supplies the body with vital nutrients: vitamins, minerals, enzymes, amino acids, and essential fatty acids.
- Aloe increases the body's absorption of the nutrients it supplies and the nutrients derived from food and supplements.
- Balances and enhances the functioning of all body systems, including digestive, circulatory, respiratory, dermal, hormonal, and metabolic.
- Fortifies cell membranes and improves cellular metabolism
- Detoxifies the body by enhancing the breakdown and removal of excess waste, mucous, toxins, and heavy metals.
- It is safe for use with adults, pets and children of all ages.

Herbal Answers Organic Herbal Aloe Juice for cats and the people they own, too!

What is it?

Organic, raw, whole, cold-processed aloe vera juice with herbs added and the laxative properties removed so it can be used daily to boost the immune system.

Herbs included: Cat's Claw, "Essiac" herbs, Pau d'Arco, Astra-

galus, Hawthorne Berry, Chamomile, and ionized Colloidal Silver.

Most aloe vera juices have a laxative effect on the body.

The Herbal Answers people use a unique process to remove the aloin (harsh, bitter substance in aloe with laxative properties) without compro-

missing the integrity of the aloe's wonderful healing properties.

Do I need it?

Only if you want to be at the peak of health every day.

Order online at:

<http://www.naturescountrystore.com/xcart/product.php?productid=16664&>

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Nature's Country Store will be at the following shows:

April:

April 20-22, 2007

Laurel Park Race Track
Route 198 and Racetrack Road
Laurel, MD

April 28-29, 2007

National Guard Armory
Southampton & Roosevelt Blvd.
Philadelphia, PA

May 12-13, 2007

NC State Fairgrounds
Kerr Scott Building
1025 Blue Ridge Road
Raleigh, NC

May 19, 2007

Knights of Columbus Hall
12742 Nettle Drive.
Newport News, VA

Beware of Harmful Ozone-generating "Air Purifiers"

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ing coughing, chest tightness, and shortness of breath.

In persons with asthma, ozone can worsen asthma symptoms, and one study indicates that ozone may contribute to the development of asthma. Ozone impairs breathing. Elevated exposures to ozone can cause permanent lung damage, and repeated exposure can even increase the risk of dying among persons already in poor health.

Persons especially vulnerable include children and those who suffer from asthma or other

respiratory diseases, including the elderly. Ozone changes lung tissue in humans and birds and triggers asthma attacks in people who have asthma. Ozone can be especially damaging to children.

Is there a better way to clean the air around pets?



Austin Air's new Pet Machine

Austin Air has assembled a filter to trap the allergens caused by pets. Their new Pet Machine™ uses HEPA technology to trap airborne dust and dander, while the special Carbon Blend helps reduce many pet odors that linger in the air.

Austin Air's 360-degree intake system draws air into all sides of The Pet Machine™, passing it through a 4-stage filter.

Every minute, over 250 cubic feet of air passes through 15 pounds of Activated Carbon and over 60 square feet of True Medical Grade HEPA, providing air so clean you will hardly know you have pets in your home.

Austin Air's True Medical Grade HEPA removes pet allergens such as dander and dust, as well as thousands of other micro-organisms.

You get a 5-Year Mechanical Warranty and Austin Air filters are designed to last for an amazing 5-years, under normal residential use.

Get a special deal at Nature's Country Store on the Pet Machine.

10% OFF
Suggested Retail