



Catty Times

Volume 2, Issue 2

March 2008

Animal Communicators

Chuck and Suzanne Fisher of Nature's Country Store are both talented Animal Communicators.

They are available if their booth is not busy to assist you and your cat with any problems that arise during the show.

This service is free of charge to exhibitors during Cat Shows. See our brochure for rates at other times

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Learn to Speak and Hear Fluent Meow, Part 2 by Suzanne Fisher

Part 1 of this article is available on our store site, naturescountry-store.com.

We each have the ability to talk with our pets. We just need to clear out a space in our minds so that we can hear our pets talk to us.

For most of us, our main problem with animal communication is not sending but receiving. We need to quiet the committee who lives in our heads so that we can effectively listen to our beloved pets. One of the best ways to do this is to use positive affirma-

tions to neutralize the messages they constantly give us.

In our last issue we met the committee members who meet daily in our heads. We are now ready to deal with them so that we can find the inner peace to be able to hear animals when they speak to us.

If we are to quiet these committee members, we need to know where and when they came into being. Then we need to use the positive affirmations provided to help up open our minds to new information.



Let's communicate!

For most of us, the first word we learned that allowed us to set our own boundaries was 'No.' Sha-No-No the Nay Sayer is our committee member who ensures that our first response to anything we do not immediately understand is "No."

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Cat Toys

You excitedly bring home another new cat toy.

Your hope is that it will transform your bored feline friend, helping your friend find his or her Inner Kitten.

Introducing a new toy can be an interesting thing for a cat lover to do. You can successfully intro-

duce a new toy by following these guidelines.

First, find the cat. Wake the cat up and get his or her attention. Tell the cat that you have a new toy for him.

A few yawns later, he may want to investigate the new toy. Be prepared for the cat to first sniff the

toy, then reach out a paw to touch the toy.

Continue to encourage the cat to play with the toy. Demonstrate the toy for the cat over and over.

When the cat fails to take interest in the new toy, play with the toy yourself.



Aunt Catty Tell Aunt Catty your problems...

This month, Aunt Catty will deviate somewhat and try to give answers that may be more pertinent to the submitted questions.

Dear Aunt Catty,

My name is Mac, I'm a very large red and white cat. I am afraid of everything. Noises bother me, smells make my nose twitch and I jump when something moves too fast. I know my family loves me and even they can do things that make me run. What can my family do to help me not be such a scardie cat?

Dear Mac,

Your family isn't able to make you do anything. This is one of those times when you have to do this on your own. Your family can help you, but it is really up to you. Think of yourself as being the biggest, baddest kitty dude in the house. No one is going to hurt you. especially your family. They love you very much and I will tell them to help you by reminding you that you are a BBKD, (Big Bad Kitty Dude) and also to keep telling you that it's ok to be scared from time to time. Sometimes even our humans get scared and they need someone to help and comfort them, and that is one of our jobs that little usses can do, help our humans.

AC

Dear Aunt Catty,

Hi, I'm TC. I live with two other cats, a big red one and another one that looks like me but is bigger. I run my house and don't like it when the other boys pounce on me or want to play if I don't....then I have a very loud meow that tells them to get away. I know they think I'm a bully but I just don't want to play..is there another way to tell them?

Dear TC,

I like your name. Does it stand for Top Cat? Well, since you run the house sometimes a loud meow or hiss will send the message. I know of another top cat that has a similar situation and she had learned that a loud hiss and stare will get the other cats out of her way. Her humans also help by reinforcing her top cat position with the other cats. Maybe your humans could do the same.

AC

Dear Aunt Catty,

This is your buddy Indy, I really do like my new home. My boy takes me outside when TC gets to go out. I'm a little scared but it is getting easier. My mom tells me that I have a new place to stay outside when the weather gets better....will you tell her to make it warm outside so I can watch the birds.

Dear Indy,

I know your Mom is a great person, but I don't think she has the ability to make it warmer before it's time. I bet you have a lot of windows you could use to look out and ONLY WATCH the birdies. it's a big world out there for little kitty usses, and it's Ok to be a little scared when you go out. You have some very nice humans to take care of you and they will not let anything happen to you. Take it easy and enjoy.

AC

Dear Aunt Catty,

Hi, TC here again. I like to escape and run down the street when I can. My mom and boy scruff me and are mad when I do this, why?

Dear TC,

I know that escaping from your people may be fun and games for you and a chance to explore other areas, but you humans love you and would be very upset if something happened to you when you got out. They may seem mad at you for running, but they got scared and afraid that you might not come back. So remember that if you do escape and they get mad, they are scared and worried about you.

AC

\$5

Show COUPON

\$5

Good for \$5.00 off
any one KittyWalk unit



May be used with Cat Dollars

Learn to Speak and Hear Fluent Meow, *cont.*

(Continued from page 1)

Your Affirmation: I am open and receptive to new ideas.

Prunella Put-Down, the Shamer judges us and others unmercifully. Shame is making us feel bad about who we are, and Prunella is really good at shaming us when we try new things.

Your Affirmation: I am proud of myself for trying new things.

Percy Prisspot, the Logical Rational Self is the committee member who guarantees that we will act, think and speak from our heads instead of our hearts. Communicating with our pets begins in our hearts, not our heads. Percy tells us that staying in our heads is safer than leading with our hearts.

Your Affirmations: The whole world and every person and pet in it is mine to love. I easily listen and speak from my heart.

Della the Doubter became one of our committee members when we first tried to make our dreams into realities and our attempts were met with doubt from the people around us. We internalized this doubt and developed our own Della the Doubter, who throws doubt in our pathway when we want to learn new skills.

Your Affirmations: I trust my inner wisdom. I trust my ability to learn new skills.

Crabdoodle the Controller was

born in our childhoods when situations got out of control such that we felt unsafe. We quickly learned to control whatever was in our control as a way of regaining some measure of a feeling of safety. Many of us carried this controlling over into adulthood where we do our best to control people and situations around us. Pet Communication is not a situation we can easily control, so it makes us feel uneasy. Crabdoodle then jumps in and tries to control our interaction with our pets. Unfortunately, Crabdoodle's attempts to control pet communication pretty much guarantee that it will not happen.

Your Affirmation: Animals are sentient beings. I easily allow myself to learn to interact with animals without having to control every aspect of the interaction.

Pearly the Perfectionist is a friend of Crabdoodle the Controller's. Being unwilling to accept anything less than perfection in ourselves and others is just another way of exerting our control. When we relax and allow ourselves and others to be exactly who and what we are, we then allow room for growth.

Your Affirmations: In every given moment each of us, myself included, are doing the best we can do. We are perfect in our imperfection.

Greedy Gus, the What's in It For Me Guy came into being when we listened to the messages of our society that say we have to

be compensated for everything we do. If we can learn to do what we love and love what we do, the money will follow.

Your Affirmation: I am here on Schoolhouse Earth to learn lessons and to help others.

Willie Wacko, the Toxic Waste Dump of Anger is merely a collection of the anger we have stored up over the years that has not been processed. We can choose to release this anger rather than holding onto it. Toxic anger gets in the way of relationships, and it jumps in the middle of attempts at animal communication.

Your Affirmations: I easily release all the anger I have collected over the years. I free myself of its control, and enjoy the freedom from resentments and anger.

Now we come to Cuddly Bear, the Inner Child that lives in each of us. Cuddly Bear is our connection with the Divine that resides in all of us. Cuddly Bear is also a great animal communicator. Wide-eyed, innocent and fun-loving, Cuddly Bear can lead us into our heart zone so that we can begin to communicate with our beloved pets.

So, practice your positive affirmations, then sit back, connect with your very own Cuddly Bear, and get ready to communicate!

Communication between humans is far from being an exact science. It is a hit or miss affair

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PUBLISHED BY NATURE'S COUNTRY STORE

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Shop from home - we ship to your doorstep!

Previous issues of Catty Times
may be found at:

NaturesCountryStore.com

Our other internet store
has lots of pet products:

ShopNaturesCountryStore.com

Nature's Country Store will be at the following shows:

March 15-16, 2008

Western Pennsylvania Cat Fanciers
Pittsburgh Expo Mart
105 Mall Blvd.
Monroeville, PA

March 28-30, 2008

Super Pet Expo
Dulles Expo Center
4368 Chantilly Shopping Center
Chantilly, VA

Suzanne
will be doing
1/2 hr. Basics of
Animal Communication
Seminars here

April 18-20, 2008

Potomac Area Cat Enthusiasts
Laurel Park Racetrack
Racetrack Road & Rt. 198
Laurel, MD

April 26-27, 2008

Sign of the Cat Fanciers
National Guard Armory
Southampton & Roosevelt Blvd.
Philadelphia PA

Learn to Speak and Hear Fluent Meow, cont.

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whose results are based on the filters we each have in place. Those filters determine how we say things and how we interpret things. Our committee members are responsible for most of those filters, but we also learned from parents, teachers, and others.

When we communicate with our heads, our words and thoughts have to get through those filters. But when we communicate through our hearts, there are fewer filters to impede outgoing as well as incoming communications.

Close your eyes and remember

a time when you felt complete unconditional love. Center yourself in that moment. Now open your eyes, staying in that love, and send your beloved pet love from your heart.

Ask permission to connect with your pet. Tell your pet that you want to hear what he or she has to say to you. Then (if permission is granted—and it usually is), begin by asking a simple question like “What is your favorite toy?”

Open yourself up to receiving the answer. The answer may come to you in thought pictures, words, or strong feelings. All of these methods are valid forms of animal communication. Many

animals send thought pictures of their favorite toy, so be prepared to ‘see’ it in your mind’s eye.

Once you understand what your beloved pet’s favorite toy is, you can move on to other questions. Asking about your pet’s favorite food, favorite form of play, and other likes and dislikes can help you get to know your pet in a new way.

Look for more tips in our next newsletter, available at NaturesCountryStore.com May 1, 2008.

You will also find great exercises in Amelia Kincaid’s **Language of Miracles** available at Nature’s Country Store.